**Elizabeth Tish Hicks**

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**EDUCATION**

**Utah State University,** Logan, UT *Fall 2017-present*

*Doctor of Philosophy*, Clinical & Counseling Psychology

Advisor: Melanie Domenech Rodríguez, PhD

**Marist College**, Poughkeepsie, NY

*Bachelor of Arts* in Psychology, Minor: Global Studies *Spring 2017*

Salutatorian, *Summa Cum Laude*

Senior thesis: *Investigating the Relationship between Trait-Mindfulness and Health, Well-being, and Implicit Racial Bias*

Advisor: Kristin Jay, PhD

**Charles University**, Prague, Czech Republic *Spring 2015*

**AWARDS**

Marist College Salutatorian of the Class of 2017 Award *2017* Marist Psychology Department Baccalaureate Award *2017*

*Psi Chi* Eastern Regional Research Award *2017*

Marist College Student Research Grant *Fall 2016, Spring 2017*

National Science Foundation REU Fellowship  *2016*

Center for Injury Research and Prevention Research Grant  *2016*

Marist College Endowed Scholarship *2015-2017*

Dean’s List, School of Social & Behavioral Sciences *2013-2017*

Marist College Presidential Scholarship *2013-2017*

**PRESENTATIONS**

**Hicks, E. T.**, Krafft, J., & Levin, M. (2019). *Evaluation of a mindfulness app for college student*  *mental health*. Paper submitted for presentation at the Association for Contextual Behavioral Science World Conference (Dublin, Ireland).

Levin, C., Levin, M., Pistorello, J., Hayes, S. C., Seeley, J., & **Hicks, E. T.** (2019). *Implementing*  *online ACT guided self-help in college counseling centers: Results from a multi-site*

*randomized control trial.* Paper submitted for presentation at the Association for Contextual Behavioral Science World Conference (Dublin, Ireland).

Terry, C., **Hicks, E. T.,** Ong, C., & Twohig, M. (2019).*Psychological flexibility and self-compassion as predictors of quality of life*. Poster accepted for presentation at theEastern Psychological Association Annual Convention (NYC, New York).

**Hicks, E. T.** & Jay, K. L. (2018). *The relationship between facets of mindfulness and implicit racial bias*. Poster presented at the Association for Contextual Behavioral Science World Conference  (Montréal, Quebec, Canada).

**Hicks, E.** & Jay, K. L. (2017). *The effect of meditation and mindfulness on various components of attention*. Poster presented at Fifth World Congress on Positive Psychology (Montréal, Quebec, Canada).

**Hicks, E.** & Jay, K. L. (2017). *Investigating the relationship between trait-mindfulness and implicit racial bias.* Poster presented at Eastern Psychological Association Annual Convention (Boston, Massachusetts).

**Hicks, E.**, Levering, K. R., Moran, A., Argiro, K., & Salerno, K. (2016). *Exploring the relationship between music genre and exercise intensity*. Paper presented at New England Psychological Convention Annual Meeting (Worcester, Massachusetts).

**Hicks, E*.***(2016). *The effect of positive self-talk on quantitative test performance.* Poster presented at New England Psychological Convention Annual Meeting (Worcester, Massachusetts).

Jay, K. L., Bellante, L., **Hicks, E.**, Clark, K., & Milligan, K. (2016). *Sentence context influences the generation of euphemisms for common taboo words*. Poster presented at New England Psychological Convention Annual Meeting (Worcester, Massachusetts).

**PUBLICATIONS**

Krafft, J., **Hicks, E. T.**, Mack, S., & Levin, M. E. (In press). Psychological inflexibility predicts

suicidality over time in college students. *Suicide and Life-Threatening Behavior*.

**RESEARCH EXPERIENCE**

**Culture & Mental Health Lab,** Utah State University, Logan, UT

Supervisor: Dr. Melanie Domenech Rodríguez

*Graduate Student Researcher present*

**Contextual Behavioral Science Lab***,* Utah State University, Logan, UT

Supervisor: Dr. Michael Levin

*Lab & RA Coordinator Fall 2018*

*Graduate Student Researcher Fall 2017-Spring 2018*

**Contextual Change, LLC.**,Reno, NV *Summer 2018-present*

Supervisor: Dr. Jaqueline Pistorello

*Research Coordinator*, “Mindfulness and Acceptance Applied in College Through Web-Based Guided Self-Help”

**Children’s Hospital of Philadelphia & University of Pennsylvania,** *Summer 2016*

Center for Injury Research and Prevention, Philadelphia, PA

Supervisor: Dr. Catherine McDonald

*NSF REU Fellow*, “Web-based intervention for risky driving among adolescents”

* National Science Foundation (NSF) funded Research Experiences for Undergraduates (REU) Fellowship with a 4% acceptance rate
* Created a comprehensive data dictionary with REDCap and Excel, coded video data from driving simulator, analyzed inter-rater reliability for video coding with SPSS
* Collaborated to create a codebook for qualitative data analysis of intervention data, created an NVivo project for housing, coding, and analyzing data, coded data, taught research team how to use NVivo for coding and analysis
* Presented summer research and was one of two students awarded a $1,000 research grant

**Marist College,** Psychology Department, Poughkeepsie, NY *Fall 2014-present*

Supervisor: Dr. Kristin Jay

*Primary Investigator*, “The relationship between trait-mindfulness and health, well-being, and implicit racial bias”

* Conducted literature review, generated hypotheses, developed materials and procedure
* Adapted the Implicit Association Task (IAT) and installed it onto study laptops
* Scheduled students and assigned credit via SONA Systems Participant Management Software; collected consent, administered computer-based task and questionnaires
* Supervised a research assistant (RA); taught RA how to use SONA Systems, run study procedure, and collect, organize, and input data
* Input and analyzed data with Microsoft Excel and SPSS
* Created and presented conference poster and was awarded an Eastern Regional Research Award from *Psi Chi,* International Honors Society in Psychology

*Research Assistant*, “Common euphemisms for taboo words”

* Assisted with literature review and the development of experimental materials and procedure
* Scheduled students and assigned credit through SONA Systems; collected data
* Assisted with data input and analysis with Microsoft Excel and SPSS
* Collaborated with research team to write conference abstract submission and create conference poster; presented conference poster on behalf of research team

*Research Assistant*, “Somatosensory perception and mindfulness”

* Edited study materials and assisted with participant recruitment
* Ran participants in a daily mindfulness meditation workshop for two weeks
* Tested participants’ tactile acuity with grating orientation task (GOT) for data collection

*Research Assistant*, “Multidimensional scaling of common taboo words”

* Scheduled and assigned credit to students through SONA Systems
* Used SuperLab program to administer study and collect data from participants

**CLINICAL EXPERIENCE**

**Utah State University**, Logan, UT

*Student Therapist*, Psychology Community Clinic *Fall 2018-present*

Supervisors: Dr. Susan Crowley, Dr. Sara Boghosian, Dr. Marietta Veeder

* Provide psychotherapy for clients with a wide range of presenting problems, client characteristics, cultures, and preferences using an evidence-based approach
* Provide Learning Disability/ADHD assessments for adults, adolescents, and children
* Provide integrative reports, recommendations, and/or diagnoses in consultation with clinic supervisor

*Study Therapist*, Utah ACT Research Group *Fall 2018-present*

Supervisor: Dr. Michael Twohig

Study: “Telepsychotherapy for the Treatment of Adolescents with Trichotillomania”

* Provide psychotherapy via Zoom video communication software for adolescents with Trichotillomania based on the *Trichotillomania: An ACT-enhanced Behavior Therapy Approach Therapist Guide*

**TEACHING EXPERIENCE**

**Utah State University**, Logan, UT

*Guest Lecturer*, Psychology Department *Fall 2018* Course: PSY 3210 – Abnormal Psychology

Title: Treatment of Anxiety and Obsessive-Compulsive Disorders

*Guest Lecturer*, Psychology Department *Spring 2018* Course: PSY 3110 – Health Psychology

Title: Obesity & Eating Disorders

*Guest Lecturer*, Psychology Department *Spring 2018* Course: PSY 3110 – Health Psychology

Title: Hypertension, Stroke, & Type II Diabetes

*Teaching Assistant*, Psychology Department *Spring 2019* Course: PSY 6310 – Intellectual Assessment

Professor: Marietta Veeder, PhD

* Held weekly lab sessions to assist students with administration of Wechsler intelligence tests, graded video administration and protocol scoring of Wechsler intelligence tests

*Teaching Assistant*, Psychology Department *Fall 2018* Course: PSY 3210 – Abnormal Psychology

Professor: Joshua Parmenter, MS

* Taught one guest lecture, assisted with the creation of exams, managed student emails, graded assignments, proctored exams, assisted with CANVAS management

*Teaching Assistant*, Psychology Department *Spring 2018* Course: PSY 3110 – Health Psychology

Professor: Jennifer Grewe, PhD

* Taught two guest lectures, assisted with the creation of exams, tutored during weekly office hours, managed student emails, graded assignments, proctored exams, assisted with CANVAS management

*Teaching Assistant*, Psychology Department *Summer 2018*, *Spring 2018*, *Fall 2018* Course: PSY 1010 – General Psychology

Professor: Jennifer Grewe, PhD

* Tutored during weekly office hours, provided first-year students with study and course management advice, graded assignments, managed student emails, assisted with CANVAS management

*Teaching Assistant*, Psychology Department *Fall 2017* Course: PSY 3720 – Behavior Assessment and Intervention

Professor: Bistra Bogoev, M.S.

* Assisted during lectures by providing explanations and examples of course content, tutored during weekly office hours, graded assignments, assisted with CANVAS management

**Marist College**, Poughkeepsie, NY

*Teaching Assistant*, Psychology Department *Spring 2017* Course: PSYC 301 - Psychobiology & Lab

Professor: Kristin Jay, PhD

* Created a new lab and taught it in lab section independently, assisted during lab classes by demonstrating procedures and setting-up equipment; assisted students with psychophysiological data recording; helped students process, analyze, and interpret data; organized and taught review sessions prior to exams; graded lab work and exams

*Teaching Assistant*, Psychology Department *Spring 2016, Fall 2016* Course: PSYC 350 - Psychological Research Methods I & Lab

Professor: Kimery Levering, PhD

* Tutored during weekly office hours; organized and taught review sessions prior to exams; assisted in the creation of rubrics; graded assignments; assisted students during statistical problem-solving/data analysis portions of lectures

*Teaching Assistant*, Psychology Department *Fall 2016* Course: PSYC 306 - Cognitive Neuroscience and Neuropsychology & Lab

Professor: Kristin Jay, PhD

* Assisted during lab classes by demonstrating procedures and setting-up equipment; assisted students with psychophysiological data recording; helped students process, analyze, and interpret data; organized and taught review sessions prior to exams; graded lab work and exams

**WORK & VOLUNTEER EXPERIENCE**

**Marist College**, Poughkeepsie, NY

*Supervisor/Interviewer*, Marist Institute of Public Opinion *Fall 2013-Spring 2017*

* Supervised interviewers conducting survey research via phone interviews; provided constructive feedback and assisted interviewers through difficult interviews; utilized standardized interviewing protocol for data collection

*President*, Marist Psychology Club *Fall 2013-Spring 2017*

* Led and managed executive board meetings and general club meetings; planned and organized events such as faculty lectures, community service events, workshops, and general meetings for members
* Collaborated with other club leaders to plan campus-wide events, such as a Dating Violence Workshop
* Provided peer mentorship to club members and junior board members

**Family Services Inc.**, Poughkeepsie, NY *Spring 2016*

*Victim Advocate* *Intern*, Center for Victim Safety and Support

* Completed NYS Rape Crisis Counselor certification training
* Advocated for crime victims; accompanied clients to court and physical assault exams; completed training for crisis hotline; provided non-crisis and crisis counseling; created and filed case notes for client interactions

**Anderson Center for Spectrum Services**, Kingston, NY *Summer 2014, 2015*

*Substitute Teacher’s Aide*

* Assisted teachers in the classroom with students with Autism Spectrum disorder aged 4-13; worked one-on-one or in pairs with students for lessons and implementing Applied Behavioral Analysis strategies

**Astor Head Start**, Poughkeepsie, NY *Fall 2013*

*Teacher’s Aide*

* Assisted teachers in a pre-school classroom; worked one-on-one with students who needed extra help or were experiencing behavioral problems

**SKILLS & CERTIFICATIONS**

**Certifications:**

NYS Department of Health Certified Rape Crisis Counselor (2016)

CITI Certified to conduct research on human participants (2014)

**Computer skills:**

Proficient in SPSS statistical software, R Studio, Microsoft Office (Word, Excel, PowerPoint), REDCap, LabScribe, SuperLab, and SONA Systems Participant Management Software

**Lab Skills:**

Collecting and processing physiological data for heart rate (HR), galvanic skin response (GSR), and tactile spatial acuity with the grating orientation task (GOT); administering behavioral, psychophysiological, and survey measures

**MEMBERSHIPS & AFFILIATIONS**

Association for Contextual Behavioral Science, *Student Member 2017-present*

International Positive Psychology Association, *Student* *Member 2016-present*

*Alpha Chi*, New York Theta Chapter, *Member* *2016-present*

American Psychological Association, *Student Affiliate* *2015-present*

*Psi Chi,* International Honors Society in Psychology, *Member* *2015-present*

Eastern Psychological Association, *Student Affiliate*  *2015-present*

Association for Psychological Science, *Student Affiliate* *2015-2017*

New England Psychological Association*, Member 2016-2017*

Marist College Deans’ Circle, *Member* *2014-2017*