Academics

**Utah State University (USU)**

*Ph.D. in Combined Clinical/Counseling Psychology (2017-present), APA Accredited*

* Advisor: Melanie Domenech-Rodriguez, Ph.D.

**Florida International University (FIU)**

*Masters of Science in Clinical Mental Health Counseling (2016), CACREP Accredited*

* Advisor: Maureen Kenny, Ph.D.

**Florida International University**

*Bachelors of Arts in Psychology (2012)*

* *Graduated cum laude*

**Miami-Dade College**

*Associate of Arts in Psychology (2010)*

Professional & Research Experiences

**Research Exploring Motivational and Emotional Development in Youth (REMEDY) Group**

*FIU, Center for Children and Families, Miami, FL (August 2016-August 2017)*

Principal Investigators: Dana McMakin, Ph.D.

Position: Research Coordinator

* Managing a clinical trial that compares existing and novel strategies to enhance reward processing (behavior activation, savoring) to an active control (cognitive therapy) to examine impact on subjective, behavioral and neurobiological outcomes among youth with depression
* Managing a MRI based research study examine the role of sleep and rumination on the overgeneralization of negative memories among adolescents with anxiety.
* Recruiting Hispanic/Latino participants
* Conducting standardized clinical assessments with adolescents and their primary caregiver
* Preforming practice session with cognitive lab task in mock Functional Magnetic Resonance Imaging (fMRI) scanner
* Administering E-Prime/PsychoPy cognitive lab task with participant in fMRI scanner
* Monitoring fidelity of data gathered by clinicians and staff
* Supervising volunteer research assistants and graduate level student clinicians
* Assisted in the development and completion of RO1 grant submission
* Contribute to work focusing on disparities in sleep among Hispanic/Latino adolescents

**Summer Preparatory Program**

*FIU, Center for Children and Families, Miami, FL (*August 2012 – May 2016)

Funding: Institute of Education Science Grant

Principal Investigators: Margaret Sibley Ph.D. and William E. Pelham, Ph.D.

Position: Program Assistant

* Recruited participants
* Acted as an interpreter and translated various texts (e.g., scales, letters to families, manuals) for Spanish speaking families
* Administered diagnostic and intellectual assessments for adolescents ages 10-16 in clinical, home, and school settings
* Maintained contact with participants through phone calls, emails, mail, and home visits to reduce drop out
* Worked with faculty and administrators in Miami-Dade schools to collect improvement ratings from teachers
* Facilitated weekly skills group for adolescents to improve time management, organization, and planning skills

**Noven Pharmaceutical ADHD Patch Trail**

*FIU, Center for Children and Families, Miami, FL (December 2012)*

Principal Investigator: James Waxmonsky, MD

Position: Research Assistant

* Assisted with medication trial for a transdermal patch to treat ADHD symptoms in children and adolescents
* Supervised participants during three twelve-hour sessions
* Administered medication to participants
* Tracked overall participant response to the medication

**Advanced Research and Creativity in Honors (ARCH) program**

*FIU, Honors College, Miami, FL (August 2011 – April 2012)*

Honors Thesis:Tip-of-the-tongue states: Metacognition of faces

Principal Investigators: Alejandro Vazquez and Bennett Schwartz, Ph.D

* Independently designed and implemented a repeated measures study to examine the effects of varying amounts of information on recall and tip-of-the-tongue-states
* Completed IRB approval procedures
* Recruited participants and administered protocol on a computerized cognitive task
* Analyzed data using SPSS
* Presented data at university conference and national undergraduate conference

**Saturday Treatment Program (Sat-TP)**

*FIU, Center for Children and Families, Miami, FL (August 2011 – April 2012)*

Study: Developing Social Skills in Children with ADHD

Principle Investigators: Erika Coles, Ph.D. and Kristine Kent, M.A.

Position: Undergraduate Counselor

* Led weekly social skills building treatment program for children with ADHD
* Taught recreational and athletic activities
* Utilized behavioral rewards system
* Mentored undergraduate counselors
* Completed longitudinal assessment of children’s social behavior throughout the program

**Callous-Unemotional Traits Lab**

*FIU, Center for Children and Families, Miami, FL (August 2011 –August 2012)*

Study: Modified Rewards and Punishment Study

Principal Investigators: Daniel Waschbusch, Ph.D.

Position: Undergraduate Research Assistant

* Coded videos of parent-child interactions using Dyadic Parent-Child Interaction Coding System (DPICS)
* Supervised and trained undergraduate research assistants in data management
* Led weekly meetings with research assistants and assigned responsibilities

**Industrial Organizational Psychology Lab**

*Florida International University, Miami, FL (January 2011– April 2011)*

Study: The effects of social networks on mitigating stress in Hispanic populations

Principal Investigator: Jesse Michel, Ph.D.

Position: Undergraduate Research Assistant

* Recruited participants from a university sample
* Administered and scored questionnaires
* Preformed data management
* Translated Spanish versions of surveys

Clinical Experience

**Outpatient Service Unit (OPSU) and Crisis Stabilization Unit (CSU)**

Masters Internship

*Banyan Health Systems, Miami, FL (May-August 2016)*

Supervisor: Bosco Lorio, Psy.D., LMHC

Position: Counseling Intern

* 14 weeks, 260 direct clinical hours in a community setting working with clients (age 18+) in both inpatient and outpatient settings
* Outpatient
  + Treated predominantly low income Hispanic/Latino clients who lack accessibility to insurance
  + Implemented solution focused and strength based approaches with clients in Spanish
  + Co-facilitated substance abuse recovery groups
  + Preformed case management and documentation
  + Created treatment plans
  + Connected clients with community resources
* Inpatient
  + Treated multicultural population in a crisis stabilization setting
  + Conducted admissions, treatment planning, and discharged clients.
  + Worked with patients both individually and in groups to develop coping skills to reduce life stressors
  + Preformed case management and documentation
  + Connected patients with community resources such as shelters, inpatient substance abuse rehabilitation, and courts
  + Worked with the Mobile Crisis Team (MCT) to assess and intervene in cases of potential harm to self and/or others in the community
  + Completed training in crisis de-escalation

**Supporting Teens Academic Needs Daily (STAND)**

Masters Practicum

*FIU, Center for Children and Families, Miami, FL (January-May 2016)*

Supervisor: Margaret Sibley, Ph.D.

Position: Counseling Intern

* 17 weeks, 233 direct clinical hours in an outpatient setting providing counseling for adolescents (ages 10-16) with ADHD and their parents
* Implemented a manualized treatment program using Motivational Interviewing (MI) skills to improving teens time management, organization, planning skills, family communication, and home structure
* Treatment was carried out in both individual and group formats
* Counseled parents and adolescents in 1 hour manualized academic skills building interventions
* Assisted families in creating behavioral contracts and reward schedules
* Led a 2 hour weekly academic skills build group with adolescentsand assisted with weekly parent training

**Summer Treatment Program-Adolescent (STP-A)**

*FIU, Center for Children and Families, Miami, FL (June – August 2013, 2014, 2015)*

Supervisor: Margaret Sibley, Ph.D.

Position: Program Assistant

* 8-week, 360 direct clinical hour intensive outpatient treatment program for adolescents (ages 10-16) with ADHD and academic problems
* Preformed treatment fidelity checks to insure that counselors were adhering to the treatment program
* Provided daily feedback about treatment adherence for graduate and undergraduate counselors
* Assisted in implementation of daily interventions focused on organization skills, time management, study skills, and note taking
* Administered weekly reliability test to counselors to refresh treatment manual knowledge

**Summer Treatment Program (STP)**

*FIU, Center for Children and Families, Miami, FL (June – August 2011, 2012)*

Study:Modified Rewards and Punishment Study

Principal Investigator: Daniel Waschbusch, Ph.D.

Position: Undergraduate Counselor

* 8-week, 360 direct clinical hour intensive outpatient treatment program for children (ages 8-12) with ADHD and elevated callous/unemotional traits
* Supervised 15 boys and girls
* Taught sports and other recreational activities
* Implemented behavior rewards system with varying levels of negative consequences and rewards
* Taught social skills and emotion regulation

Published Manuscripts

Kenny, M. C., **Vazquez, A. L.**, Long, H., & Thompson, D. (In press) Implementation and program evaluation of trauma informed care training across state child advocacy centers: An exploratory study. *Children and Youth Service Review.*

Chapters in Edited Books

Kenny, M. C., Wurtele, S. K., & **Vazquez, A. L.** (In press) Childhood sexual abuse. In *Steven Hupp & Jeremy Jewell, Wiley-Blackwell Online Encyclopedia of Child and Adolescent Psychology. Vol. 6.*

Kenny, M. C., & **Vazquez, A. L.** (In press) Piers-Harris children’s self-concept scale. In *Virgil Zeigle-Hill & Todd Shackelford, Wiley-Blackwell Online Encyclopedia of Personality and Individual Differences.*

Manuscripts Under Editorial Review

**Vazquez, A. L.**, & Villodas, M. T. (Revise and resubmit) Racial/ethnic differences in caregivers' perceptions of adolescent and family support services need and utilization. Manuscript submitted for publication.

**Vazquez, A. L.**, Sibley, M. H., & Campez, M. (Under review) Diagnosing ADHD in adolescents: Impairments reported by parents may not stem from ADHD symptoms.

Manuscripts In Preparation

**Vazquez, A. L.**, Garcia, B., Moses, J., & Villodas, M. T. (In preparation) Cultural identity and substance use among at risk minority youth.

**Vazquez, A. L.**, Villatorro, J., & Domenech-Rodriguez, M. (In preparation) Contextual influences on substance use among elementary age students in Mexico.

Garcia, B., Cromer, K., Moses, J., **Vazquez, A. L.**, & Villodas, M. T. (In preparation) Risk and protective factors for substance use differ between high-risk youth with and without ADHD.

Gonzalez, R., **Vazquez, A. L.**, Alfono, C., & McMakin, D. L. (In preparation) Sleep in Hispanics.

Ricketts, E., **Vazquez, A. L**., & McMakin, D. L. (In preparation) Demographic differences in sleep among adolescents with anxiety.

Posters and Presentations

Mattfeld, A. T., Pettit, J. W., **Vazquez, A. L**., Kimbler, A., Yeguez, C. E., & McMakin, D. L. (2017, November). *Neural and behavioral correlates of negative overgeneralization.* Poster presented at the Society for Neuroscience, Washington, DC.

**Vazquez, A. L.**, Villodas, M. T., & Garcia, B. (2017, April) *Racial/ethnic differences in caregivers' perceptions of adolescent mental health services need and utilization.* Poster presented at the Society for Research in Child Development, Austin, TX.

**Vazquez, A. L.**,&Sibley, M. H. (2017, February) *Differentiating ADHD-related vs. other impairment in adolescents with ADHD.* Poster presented at the Miami International Child & Adolescent Mental Health, Miami, FL.

Golik, A., Salem, H., Palmer, M., **Vazquez, A. L**., Ramos, G, & Comer, J. S. (2017, February) *Youth mental health in the aftermath of disasters and war in developing countries: A systematic review.* Poster presented at the Miami International Child & Adolescent Mental Health, Miami, FL.

**Vazquez, A. L.**, Kenny, M. C., Long, H., & Thompson, D. (2016, August) *Training child advocacy center workers on trauma informed care.* Poster presented at the American Psychological Association conference, Denver, CO.

Olson, S. A., Sibley, M. H., **Vazquez, A. L.**, Rodriguez, M. J., Jr., & Pelham, W. E., Jr. (2015, February) *Application of a school consultation model in secondary settings for graduate training.* Poster presented at the National Association of School Psychologists conference, Orlando, FL.

Campez, M., Sibley, M. H., Pelham, W. E., Jr., Olsen, S., Morley, C., Hidalgo-Gato, N., Byrne, A., **Vazquez, A.L**., Rodriguez, L.M., & Ballinger, C. (2013, November). *Effects of a summer treatment program for adolescents with ADHD on measures of cognition.* Poster presented at the annual meeting for the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Sibley, M.H., Pelham, W.E., Rodriguez, L.M., Sanchez, F., Morely, C., Olson, S., Byrne, A., Hidalgo-Gato, N., & **Vazquez, A.L.** (2013, November). *Changes in the DSM-5 ADHD criteria: Implications for adolescent diagnosis.* Poster presented at the 47th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

**Vazquez A. L.,** & **Schwartz, B. L.** (2012, March) *The effects of differential levels of information and incentive on rates of tip-of-the-tongue states.*Poster presentation at Weber State University, National Conference on Undergraduate Research, Ogden, UT.

**Vazquez A. L.**, & **Schwartz, B. L.** (2012, March) *Tip-of-the-tongue states: Metacognition of faces.* Poster presentation and symposium presented at Florida International University: Advance Research and Creativity In Honors Conference, Miami, FL.

Honors & Awards

**Psi Chi International Honors Society**

Awarded to top 15% of academic class

*(2011 – 2012)*

**Florida International University - Honors College**

*(2011 – 2012)*

**Dean’s List**

Earning a 3.5 or higher cumulative GPA based on at least 9 credits per semester

*(Spring 2011 and 2012)*

**Honors College Advanced Research and Creativity in Honors Scholarship**

Funding for honors thesis, awarded on competitive basis

*(2011)*

Professional Memberships

**American Psychological Association Graduate Student (APAGS)**

*(2016-Present)*

**Society for Research in Child Development (SRCD)**

*(2016-Present)*

**Association for Psychological Science (APS)**

*(2016-Present)*

**American Counseling Association (ACA)**

*(2015-2016)*

Clinical Training

* Behavior Modification (BMOD)
* Solution Focused Brief Therapy (SFBT)
* Motivational Interviewing (MI)
* Techniques for Aggression Management (TEAM)

Neuropsychological Testing Experience

* Wechsler Abbreviated Scale of Intelligence-Second Edition (WASI-II)
* Wechsler Individual Achievement Test-Third Edition (WIAT-III)
* Delis-Kaplan Executive Function System (D-KEFS)
* Children’s Depression Rating Scale-Revised (CDRS-R)
* Kiddie-Sads-Present and Lifetime Version (K-SADS-PL)
* Computerized Diagnostic Interview Schedule for Children (C-DISC)
* Automated Working Memory Assessment (AWMA)

Manualized Coding Systems

* Dyadic Parent-Child Interaction Coding System (DPICS)
* Motivational Interviewing Treatment Integrity (MITI)
* Functional Assessment Rating Scale (FARS)
* Children’s Functional Assessment Rating Scale (CFARS)

Additional Experience

## Fluent in Spanish

* fMRI safety training
* Institutional Review Board (IRB) Human Subjects Training
* Practical knowledge IRB Submission protocol
* Proficient in SPSS
* Practical knowledge of E-Prime and PsychoPy
* Practical Knowledge of WordPress
* Proficient in Microsoft Office (Excel, Word, Powerpoint, and Access)